



WILMA  
WUNDER

ESSEN  
TRINKEN

# Additives & Allergens

Allergens based on EU-regulation

Summer menu

# ADDITIVES & ALLERGENS

## TO DECLARE ALLERGENS BASED ON EU-REGULATION

(attachment III a guideline 2000/13/EG and guideline 2006/142/EG determined 22. December 2006)

A = Cereals containing gluten as well as products derived therefrom  
A-W = Cereals containing gluten (wheat) as well as products derived therefrom  
A-R = Cereals containing gluten (rye) as well as products derived therefrom  
A-B = Cereals containing gluten (barley) as well as products derived therefrom  
A-O = Cereals containing gluten (oats) as well as products derived therefrom  
A-S = Cereals containing gluten (spelt) as well as products derived therefrom  
A-K = Cereals containing gluten (kamut) as well as products derived therefrom

B = crab as well as products derived therefrom

C = eggs as well as products derived therefrom

D = fish as well as products derived therefrom

E = peanuts as well as products derived therefrom

F = soya as well as products derived therefrom

G = milk as well as products derived therefrom (including lactose)

H = Nuts

H-A = almond as well as products derived therefrom

H-H = hazelnut as well as products derived therefrom

H-W = walnut as well as products derived therefrom

H-C = cashew as well as products derived therefrom

H-P = pecan as well as products derived therefrom

H-B = brazil nut as well as products derived therefrom

H-PI = pistachio as well as products derived therefrom

H-Q = Queensland nut as well as products derived therefrom

H-M = macadamia as well as products derived therefrom

L = celery as well as products derived therefrom

M = mustard as well as products derived therefrom

N = sesame as well as products derived therefrom

O = sulphur dioxide and sulphite in a concentration of more than 10mg/kg (or 10mg/l), indicated as SO<sub>2</sub>

P = lupin as well as products derived therefrom (belonging to pulses)

R = molluscs as well as products derived therefrom (snails, shells, squids)

Please be advised that all our processed food may contain traces of allergens.

## ADDITIVES

- 1a) with colouring E 100 - E 180
- 1b) azo dye (can affect activity and attention levels in children)  
E 102, E 104, E 110, E 122, E 124, E 129
- 2a) with preservative or preserved  
E 200 - E 219, E 230 - E 235, E 239, E 249 - E 252, E 280 - E 285, E 1105
- 2b) with nitrite curing salt E 249 - E 250
- 2c) with nitrate E 251 - E 252
- 2d) with nitrite curing salt and nitrate
- 3) with antioxidant E 300 - E 321
- 4) with flavour enhancer E 620 - E 635
- 6) blackened E 579, E 585
- 7) waxed E 901 - E904, E 912, E 914
- 8) with phosphate E 338 - E 341, E 450 - E 452
- 9a) with sweetener E 240, E 421, E 950 - E 952, E 953 - E 954, E 959, E 960, E 965 - E 968
- 9b) with sweetener saccharin E 954
- 9c) with sweetener cyclamat E 952
- 9d) with sweetener aspartame E 951, E 962 (Contains a source of phenylalanine)
- 10) sulfurized (sulfur dioxide / sulfites)
- 11) with more than 10% added polyhydric alcohols E 420, E 421, E 953, E 965 - E 968  
(May have a laxative effect if consumed in excess)
- 12) with genetically modified components
- 13a) with caffeine
- 13 b) with quinine

Please be advised that all our processed food may contain traces of allergens.

WILMAS BREAK-FAST MIRACLE	Cereals containing gluten																				Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*					
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m					
<b>KICKSTARTER</b>	x	x	x		x	x	x			x				x	x	x	x	x		x								3				
Butter croissant						x	x			x																		3				
Bircher muesli			x			x				x											x											
Butter										x																						
Poached egg							x											x										3				
Avocado-cream cheese											x																	3				
Balsamic vinaigrette															x		x															
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
<b>...optionally with bacon</b>																												2b, 3				
<b>BIG &amp; HEARTY</b>	x	x	x		x		x			x				x	x	x	x											2b, 2c, 3, 8				
Fried egg							x																									
Butter										x																						
Honey ham																												2b, 3, 8				
Leerdammer cheese											x																					
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
Balsamic vinaigrette															x		x															
Bacon																												2b, 3				
Salami																												2b, 2c, 3				
<b>...optionally with fried egg</b>							x																									
<b>FRENCH TOAST DELUXE</b>						x	x			x				x						x												
Brioche						x	x			x																						
Nutella										x				x							x											
Milk and egg mix							x			x																						
<b>SALMON &amp; YUMMY</b>	x	x	x		x		x		x					x	x	x	x	x										3				
Smoked salmon								x																								
Avocado-cream cheese										x																		3				
Horseradish																					x							3				
Butter										x																						
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
Balsamic vinaigrette															x		x															
<b>PLANT LOVE</b>	x	x	x		x									x		x		x	x		x							2a, 3				
Oat yoghurt			x																	x												
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
Walnuts																						x										
Beetroot hummus																x		x										3				
Carrot ginger spread																												2a, 3				
<b>CANADA MORNING</b>			x		x	x																						2b, 3, 8				
Pancakes			x			x																						8				
Fried egg							x																									
Bacon																												2b, 3				

\* as well as products derived therefrom





STARTERS	Cereals containing gluten																				Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*					
	A							C	D	B	G	P	R	E	F	M	N	L	O	H												
	s	b	o	k	r	w													a	h	w	c	p	b	pi	q	m					
TRUFFLED FRIES						x	x				x					x													1a			
Ital. hard cheese flakes											x																					
Truffle mayonnaise						x	x									x													1a			
CROQUE MADAME & WILMA						x	x				x					x		x											2b, 3, 8			
Brioche						x	x				x																					
Honey ham																													2b, 3, 8			
Leerdammer cheese											x																					
Dijon mustard																x																
Béchalme sauce						x					x																					
Fried egg							x																									
Balsamic vinaigrette																x		x														
THREE WITH BREAD	x	x	x			x					x				x		x		x										2a, 3			
Avocado-cream cheese											x																		3			
Beetroot hummus																	x		x										3			
Sassa bread	x	x	x			x									x		x															
Sweet potato spelt bread	x					x																										
Carrot ginger spread																													2a, 3			
CUCUMBER AND SALMON TARTARE	x					x		x			x				x	x	x	x	x										1a, 3, 4			
Smoked salmon									x																							
Lime sour cream											x																					
Balsamic vinaigrette																x		x														
Marinated sesame															x		x												1a, 4			
Balsamic reduction																			x										1a, 3			
Mini stone oven baguette	x					x											x															

\* as well as products derived therefrom

SALAD & CO.	Cereals containing gluten						Eggs* Fish* Crab* Milk* Lupin* Molluscs* Peanuts* Soya* Mustard* Sesame* Celery* Sulphur dioxide & sulphite											Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	C	D	B	G	P	R	E	F	M	N	L	O	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*		
	s	b	o	k	r	w													a	h	w	c	p	b	pi	q	m		
<b>SUMMER MEADOW</b>	x	x	x		x				x				x	x	x						x								
Marinated sweet potatoes														x															
Feta									x																				
Walnuts																					x								
Sassa bread	x	x	x		x								x		x														
Sweet potato spelt bread	x				x																								
<b>CAESAR SALAD</b>	x	x	x		x	x	x		x				x	x	x														
Caesar dressing							x	x	x					x															
Ital. hard cheese flakes									x																				
Bread croûtons	x	x	x		x								x		x														
Mini stone oven baguette	x					x									x														
<b>GOAT'S CHEESE AND AVOCADO SALATISSIMO</b>	x					x			x					x	x	x					x							9b	
Goat's cheese									x																				
Walnuts																					x								
Beetroot cubes														x		x												9b	
Balsamic vinaigrette														x		x													
Mini stone oven baguette	x					x									x														
<b>SMALL, YET SATISFYING</b>														x		x													
Balsamic vinaigrette														x		x													
...OPTIONALLY WITH VEGAN CHICKEN						x																							
...OPTIONALLY WITH VEGAN MEAT PIECES		x				x																							
...OPTIONALLY WITH MARINATED SESAME													x		x													1a, 4	

\* as well as products derived therefrom

Cereals containing gluten	A											H													Additives				
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b		pi	q	m	
<b>TARTE FLAMBÉE FROM OUR OVEN</b>																													
CLASSIC TARTE FLAMBÉE						x				x																			2b, 2c, 3
Tarte flambée						x																							
Sour cream										x																			
Bacon																													2b, 2c, 3
<b>TOPSY-TURVY HOUSE</b>	x					x								x	x		x												1a, 3
Classic Tarte Flambée						x																							
Beetroot hummus																x		x											
Marinated sweet potatoes														x															
Vegan beef strips	x					x									x														
Balsamic reduction																	x												1a, 3
...optionally with Alpine cheese										x																			
<b>FLAMMIZZA</b>						x				x																			2b, 2c, 3, 8
Classic Tarte Flambée						x																							
Honey ham																													2b, 3, 8
Salami																													2b, 2c, 3
Sour cream										x																			
Milk										x																			
Cheese										x																			
<b>ZIEGENPETER</b>						x				x											x								3
Tarte flambée						x																							
Sour cream										x																			
Goat's cheese										x																			
Walnuts																					x								
Fig chutney																													3
<b>TARTE FLAMBÉE ROLLS</b>						x				x																			2b, 3, 8
Tarte flambée						x																							
Sour cream										x																			
Leerdammer cheese										x																			
Honey ham																													2b, 3, 8

WARM AND WONDERFUL	A											H													Additives				
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b		pi	q	m	
<b>FITNESS NOODLE</b>										x				x		x	x												1a, 4
Ital. hard cheese flakes										x																			
Vegan soup														x			x												
Marinated sesame														x		x													1a, 4
...optionally with goat's cheese										x																			
...optionally with vegan chicken						x																							
...optionally with vegan meat pieces	x					x																							
<b>DUMPLING SUMMIT</b>	x	x	x		x	x	x				x				x		x												3
Bread dumpling	x	x	x		x	x	x				x				x		x												
Creamy mushroom sauce										x																			
Alpine cheese										x																			
Fried egg										x																			
Dried tomatoes																													3

\* as well as products derived therefrom







SWEET SEDUCTION	Cereals containing gluten										Nuts										Additives						
	A										H																
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h		w	c	p	b	pi	q
WILMA'S SOFT SKILLET COOKIE			x			x	x			x																	8
Vanilla cookie						x	x			x																	8
Vanilla-oat ice cream			x																								8
YOGHURT HEAVEN		x	x			x												x									3
Oat yoghurt			x															x									
Crunchy muesli vegan		x	x			x												x									
Fruit sauce																											5
CROOKIE			x			x	x			x				x										x			3, 8
Vanilla cookie						x	x			x																	8
Pistachio cream										x				x										x			
Chopped pistachios																								x			
Buttercroissant						x	x			x																	5
Vanilla-oat ice cream			x																								8

ICE-COLD TREATS	Cereals containing gluten										Nuts										Additives						
	A										H																
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h		w	c	p	b	pi	q
ICED COFFEE			x			x	x			x																	1a, 2a, 8
Whipped cream										x																	
Oat cookie			x			x	x																				8
Vanilla-oat ice cream			x																								8
Monin Cold Brew																											1a, 2a
ICED CHOCOLATE			x			x	x			x				x													8
Cocoa										x																	
Chocolate ice cream										x				x													
Whipped cream										x																	
Oat cookie			x			x	x																				8
Vanilla-oat ice cream			x																								8
...optionally with egg liqueur							x																				
STRAWBERRY MIRACLE		x	x			x												x									8
Vanilla-oat ice cream			x																								8
Oat yoghurt			x															x									
Crunchy muesli vegan		x	x			x												x									
VANILLA-OAT ICE CREAM			x																								8
CHOCOLATE ICE CREAM										x				x													
...optionally with whipped cream										x																	

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WILMA'S CAKE DREAMS	Cereals containing gluten																				Nuts											Additives
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m					
APPLE-NUT CAKE						x													x													
CARROT-NUT CAKE						x	x				x							x	x													
STRAWBERRY TARTE						x	x				x								x													
CHOCOLATE CAKE						x	x				x																					
CREAM CHEESECAKE						x	x				x																					
RASPBERRY-STRACCIATELLA CAKE						x	x				x							x														
APPLE CINNAMON BUN	x	x				x	x				x																2a, 3					
LANDFRAUEN WILD BLUEBERRY						x	x				x																					
LANDFRAUEN APPLE						x	x				x								x													
LANDFRAUEN PLUM						x	x				x																					
LANDFRAUEN RHUBARB-STRAWBERRY						x	x				x																					
LANDFRAUEN CHEESE-CHERRY						x	x				x																					
BLACK FOREST CAKE						x	x				x																					

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COFFEE & HOT DRINKS	Cereals containing gluten																				Additives						
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h		w	c	p	b	pi	q
CAPPUCCINO										x																	
Milk										x																	
COFFEE WITH MILK										x																	
Milk										x																	
LATE MACCIATO										x																	
Milk										x																	
HOT CHOCOLATE										x				x													
Dark chocolate couverture										x				x													
Milk										x																	
...optionally with whipped cream										x																	
BABYCCINO										x																	
Milk										x																	
...OPTIONALLY WITH OAT DRINK			x																								
...OPTIONALLY WITH ALMOND DRINK																					x						

WILMA'S MAGIC DRINKS	Cereals containing gluten																				Additives						
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h		w	c	p	b	pi	q
CHAI & SUGAR-FREE										x																	
Milk										x																	
UBE LATTE																					x						
Almond drink																					x						
MATCHA MAGIC																					x						
Almond drink																					x						
...OPTIONALLY WITH COW'S MILK										x																	
...OPTIONALLY WITH OAT DRINK			x																								
...OPTIONALLY WITH ALMOND DRINK																					x						

HOMEMADE!	Cereals containing gluten																				Additives							
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h		w	c	p	b	pi	q	m
LAVENDER-LEMON LEMONADE																												1a
Giffard syrup lavender																												1a
PEAR-MINT LEMONADE																												2a
Monin fruit puree pear																												2a
RASPBERRY-COCONUT LEMONADE										x																		1a, 2a, 3
Giffard raspberry puree																												1a, 2a, 3
Giffard coconut syrup										x																		
ICED TEA PEACH																												3
Peach nectar																												3
GINLESS TONIC																												13b
Schweppes Dry Tonic																												13b

\* as well as products derived therefrom





