



WILMA
WUNDER

ESSEN
TRINKEN

Additives & Allergens

Allergens based on EU-regulation

Winter menu

ADDITIVES & ALLERGENS

TO DECLARE ALLERGENS BASED ON EU-REGULATION

(attachment III a guideline 2000/13/EG and guideline 2006/142/EG determined 22. December 2006)

A = Cereals containing gluten as well as products derived therefrom
A-W = Cereals containing gluten (wheat) as well as products derived therefrom
A-R = Cereals containing gluten (rye) as well as products derived therefrom
A-B = Cereals containing gluten (barley) as well as products derived therefrom
A-O = Cereals containing gluten (oats) as well as products derived therefrom
A-S = Cereals containing gluten (spelt) as well as products derived therefrom
A-K = Cereals containing gluten (kamut) as well as products derived therefrom

B = crab as well as products derived therefrom

C = eggs as well as products derived therefrom

D = fish as well as products derived therefrom

E = peanuts as well as products derived therefrom

F = soya as well as products derived therefrom

G = milk as well as products derived therefrom (including lactose)

H = Nuts

H-A = almond as well as products derived therefrom

H-H = hazelnut as well as products derived therefrom

H-W = walnut as well as products derived therefrom

H-C = cashew as well as products derived therefrom

H-P = pecan as well as products derived therefrom

H-B = brazil nut as well as products derived therefrom

H-PI = pistachio as well as products derived therefrom

H-Q = Queensland nut as well as products derived therefrom

H-M = macadamia as well as products derived therefrom

L = celery as well as products derived therefrom

M = mustard as well as products derived therefrom

N = sesame as well as products derived therefrom

O = sulphur dioxide and sulphite in a concentration of more than 10mg/kg (or 10mg/l), indicated as SO₂

P = lupin as well as products derived therefrom (belonging to pulses)

R = molluscs as well as products derived therefrom (snails, shells, squids)

Please be advised that all our processed food may contain traces of allergens.

ADDITIVES

- 1a) with colouring E 100 - E 180
- 1b) azo dye (can affect activity and attention levels in children)
E 102, E 104, E 110, E 122, E 124, E 129
- 2a) with preservative or preserved
E 200 - E 219, E 230 - E 235, E 239, E 249 - E 252, E 280 - E 285, E 1105
- 2b) with nitrite curing salt E 249 - E 250
- 2c) with nitrate E 251 - E 252
- 2d) with nitrite curing salt and nitrate
- 3) with antioxidant E 300 - E 321
- 4) with flavour enhancer E 620 - E 635
- 6) blackened E 579, E 585
- 7) waxed E 901 - E904, E 912, E 914
- 8) with phosphate E 338 - E 341, E 450 - E 452
- 9a) with sweetener E 240, E 421, E 950 - E 952, E 953 - E 954, E 959, E 960, E 965 - E 968
- 9b) with sweetener saccharin E 954
- 9c) with sweetener cyclamat E 952
- 9d) with sweetener aspartame E 951, E 962 (Contains a source of phenylalanine)
- 10) sulfurized (sulfur dioxide / sulfites)
- 11) with more than 10% added polyhydric alcohols E 420, E 421, E 953, E 965 - E 968
(May have a laxative effect if consumed in excess)
- 12) with genetically modified components
- 13a) with caffeine
- 13 b) with quinine

Please be advised that all our processed food may contain traces of allergens.

WILMAS BREAK-FAST MIRACLE	Cereals containing gluten																				Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*					
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m					
KICKSTARTER	x	x	x		x	x	x			x				x	x	x	x	x		x									3			
Butter croissant						x	x			x																			3			
Bircher muesli			x			x				x											x											
Butter										x																						
Poached egg							x											x											3			
Avocado-cream cheese											x																		3			
Balsamic vinaigrette															x		x															
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
...optionally with bacon																													2b, 3			
BIG & HEARTY	x	x	x		x		x			x				x	x	x	x												2b, 2c, 3, 8			
Fried egg							x																									
Butter										x																						
Honey ham																													2b, 3, 8			
Leerdammer cheese											x																					
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
Balsamic vinaigrette															x		x															
Bacon																													2b, 3			
Salami																													2b, 2c, 3			
...optionally with fried egg							x																									
"BERRY DREAM" PANCAKES			x			x				x																			8			
Pancakes			x			x																							8			
Whipped cream											x																					
SALMON & YUMMY	x	x	x		x		x			x				x	x	x	x	x											3			
Smoked salmon								x																								
Avocado-cream cheese											x																		3			
Horseradish																						x							3			
Butter										x																						
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
Balsamic vinaigrette															x		x															
PLANT LOVE	x	x	x		x									x		x		x	x		x								2a, 3			
Oat yoghurt			x																		x											
Sassa bread	x	x	x		x									x		x																
Sweet potato spelt bread	x				x																											
Walnuts																						x										
Beetroot hummus																													3			
Carrot ginger spread																													2a, 3			
CANADA MORNING			x			x	x																						2b, 3, 8			
Pancakes			x			x																							8			
Fried egg							x																									
Bacon																													2b, 3			

* as well as products derived therefrom

SALAD & CO.	Cereals containing gluten						Eggs* Fish* Crab* Milk* Lupin* Molluscs* Peanuts* Soya* Mustard* Sesame* Celery* Sulphur dioxide & sulphite											Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	C	D	B	G	P	R	E	F	M	N	L	O	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*		
	s	b	o	k	r	w													a	h	w	c	p	b	pi	q	m		
PUMPKIN WITH A KICK	x	x	x		x							x	x	x	x						x								
Mustard dressing														x															
Sassa bread	x	x	x		x								x		x														
Sweet potato spelt bread	x				x																								
Walnuts																					x								
Peanuts												x																	
CAESAR SALAD	x	x	x		x	x	x	x		x			x	x	x														
Caesar dressing							x	x		x				x															
Ital. hard cheese flakes									x																				
Bread croûtons	x	x	x		x								x		x														
Mini stone oven baguette	x					x										x													
GOAT'S CHEESE AND AVOCADO SALATISSIMO	x					x				x				x	x	x					x								9b
Goat's cheese										x																			
Walnuts																					x								
Beetroot cubes														x		x													9b
Balsamic vinaigrette														x		x													
Mini stone oven baguette	x					x										x													
...OPTIONALLY WITH VEGAN CHICKEN						x																							
...OPTIONALLY WITH VEGAN MEAT PIECES		x				x																							
...OPTIONALLY WITH MARINATED SESAME													x		x														1a, 4

* as well as products derived therefrom

COCKTAILS	Cereals containing gluten																	Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*		
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m		
CUBA LIBRE																													1a, 8, 9a, 13a
Pepsi Cola																													1a, 8, 9a, 13a
PINA COLADA										x																			1a, 3
Captain Morgan Dark																													1a
Whipped cream										x																			
Pineapple Juice																													5
WILMA'S UNICORN																													1a
Mandarine Napoleone																													1a
Giffard grenadine syrup																													1a
Sugar sprinkles																													1a
WILMA'S MULE																													1a
Monin Rose																													1a
GINLESS TONIC																													13b
Schweppes Dry Tonic																													13b

WILMA'S SHORTIES	A																	H											Additives	
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m			
LÜTTJE LAGE METERBRETT	x																													
Lüttje Lage beer	x																													
VODKA AHOIBRAUSE																														1a, 9a, 9b, 9c
Ahoibrause																														1a, 9a, 9b, 9c
CHOCOLATE PRALINE LIQUEUR																				x										

WINE & SPARKLING WINE	A																	H											Additives		
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m				
ALL WINES AND SPARKLING WINES																		x													

* as well as products derived therefrom

