



WILMA
WUNDER

ESSEN
TRINKEN

Additives & Allergens

Allergens based on EU-regulation

Winter menu

ADDITIVES & ALLERGENS

TO DECLARE ALLERGENS BASED ON EU-REGULATION

(attachment III a guideline 2000/13/EG and guideline 2006/142/EG determined 22. December 2006)

A = Cereals containing gluten as well as products derived therefrom
A-W = Cereals containing gluten (wheat) as well as products derived therefrom
A-R = Cereals containing gluten (rye) as well as products derived therefrom
A-B = Cereals containing gluten (barley) as well as products derived therefrom
A-O = Cereals containing gluten (oats) as well as products derived therefrom
A-S = Cereals containing gluten (spelt) as well as products derived therefrom
A-K = Cereals containing gluten (kamut) as well as products derived therefrom

B = crab as well as products derived therefrom

C = eggs as well as products derived therefrom

D = fish as well as products derived therefrom

E = peanuts as well as products derived therefrom

F = soya as well as products derived therefrom

G = milk as well as products derived therefrom (including lactose)

H = Nuts

H-A = almond as well as products derived therefrom

H-H = hazelnut as well as products derived therefrom

H-W = walnut as well as products derived therefrom

H-C = cashew as well as products derived therefrom

H-P = pecan as well as products derived therefrom

H-B = brazil nut as well as products derived therefrom

H-PI = pistachio as well as products derived therefrom

H-Q = Queensland nut as well as products derived therefrom

H-M = macadamia as well as products derived therefrom

L = celery as well as products derived therefrom

M = mustard as well as products derived therefrom

N = sesame as well as products derived therefrom

O = sulphur dioxide and sulphite in a concentration of more than 10mg/kg (or 10mg/l), indicated as SO₂

P = lupin as well as products derived therefrom (belonging to pulses)

R = molluscs as well as products derived therefrom (snails, shells, squids)

Please be advised that all our processed food may contain traces of allergens.

ADDITIVES

- 1a) with colouring E 100 - E 180
- 1b) azo dye (can affect activity and attention levels in children)
E 102, E 104, E 110, E 122, E 124, E 129
- 2a) with preservative or preserved
E 200 - E 219, E 230 - E 235, E 239, E 249 - E 252, E 280 - E 285, E 1105
- 2b) with nitrite curing salt E 249 - E 250
- 2c) with nitrate E 251 - E 252
- 2d) with nitrite curing salt and nitrate
- 3) with antioxidant E 300 - E 321
- 4) with flavour enhancer E 620 - E 635
- 6) blackened E 579, E 585
- 7) waxed E 901 - E904, E 912, E 914
- 8) with phosphate E 338 - E 341, E 450 - E 452
- 9a) with sweetener E 240, E 421, E 950 - E 952, E 953 - E 954, E 959, E 960, E 965 - E 968
- 9b) with sweetener saccharin E 954
- 9c) with sweetener cyclamat E 952
- 9d) with sweetener aspartame E 951, E 962 (Contains a source of phenylalanine)
- 10) sulfurized (sulfur dioxide / sulfites)
- 11) with more than 10% added polyhydric alcohols E 420, E 421, E 953, E 965 - E 968
(May have a laxative effect if consumed in excess)
- 12) with genetically modified components
- 13a) with caffeine
- 13 b) with quinine

Please be advised that all our processed food may contain traces of allergens.

WILMAS BREAK-FAST MIRACLE	Cereals containing gluten						Nuts														Additives							
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*		Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m	
KICKSTARTER	x	x	x		x	x	x			x				x	x	x	x	x		x								3
Butter croissant						x	x			x																		3
Bircher muesli			x			x				x											x							
Butter										x																		
Poached egg							x											x										3
Avocado-cream cheese											x																	3
Balsamic vinaigrette															x		x											
Sassa bread	x	x	x		x									x		x												
Sweet potato spelt bread	x				x																							
...optionally with bacon																												2b, 3
BIG & HEARTY	x	x	x		x		x			x				x	x	x	x											2b, 2c, 3, 8
Fried egg							x																					
Butter										x																		
Honey ham																												2b, 3, 8
Leerdammer cheese										x																		
Sassa bread	x	x	x		x									x		x												
Sweet potato spelt bread	x				x																							
Balsamic vinaigrette															x		x											
Bacon																												2b, 3
Salami																												2b, 2c, 3
...optionally with fried egg							x																					
"BERRY DREAM" PANCAKES			x			x				x																		8
Pancakes			x			x																						8
Whipped cream										x																		
SALMON & YUMMY	x	x	x		x		x			x				x	x	x	x	x										3
Smoked salmon							x																					
Avocado-cream cheese										x																		3
Horseradish																		x										3
Butter										x																		
Sassa bread	x	x	x		x									x		x												
Sweet potato spelt bread	x				x																							
Balsamic vinaigrette															x		x											
PLANT LOVE	x	x	x		x									x		x		x	x		x							2a, 3
Oat yoghurt			x																x									
Sassa bread	x	x	x		x									x		x												
Sweet potato spelt bread	x				x																							
Walnuts																						x						
Beetroot hummus																x		x										3
Carrot ginger spread																												2a, 3
CANADA MORNING			x			x	x																					2b, 3, 8
Pancakes			x			x																						8
Fried egg							x																					
Bacon																												2b, 3

* as well as products derived therefrom

STARTERS	Cereals containing gluten																Nuts											Additives			
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*				
	A							C	D	B	G	P	R	E	F	M	N	L	O	H											
	s	b	o	k	r	w													a	h	w	c	p	b	pi	q	m				
PUMPKIN CREAM SOUP	x					x				x						x	x														
Pumpkin cream soup										x							x														
Mini stone oven baguette	x					x										x															
TRUFFLED FRIES							x			x					x														1a		
Ital. hard cheese flakes										x																					
Truffle mayonnaise							x								x														1a		
THREE WITH BREAD	x	x	x		x					x				x		x		x											2a, 3		
Avocado-cream cheese										x																			3		
Beetroot hummus																x		x											3		
Sassa bread	x	x	x		x									x		x															
Sweet potato spelt bread	x				x																										
Carrot ginger spread																													2a, 3		
BEETROOT AND AVOCADO TARTARE	x					x				x					x	x	x				x								3, 9b		
Beetroot cubes															x		x												9b		
Goat's cheese										x																					
Balsamic vinaigrette															x		x														
Walnut																					x										
Fig chutney																													3		
Mini stone oven baguette	x					x										x															
SMALL, YET SATISFYING															x		x														
Balsamic vinaigrette															x		x														

SALAD & CO.	Cereals containing gluten																Nuts											Additives			
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*				
	A							C	D	B	G	P	R	E	F	M	N	L	O	H											
	s	b	o	k	r	w													a	h	w	c	p	b	pi	q	m				
PUMPKIN WITH A KICK	x	x	x		x									x	x	x	x				x										
Mustard dressing															x																
Sassa bread	x	x	x		x									x		x															
Sweet potato spelt bread	x				x																										
Walnuts																						x									
Peanuts														x																	
CAESAR SALAD	x	x	x		x	x	x	x		x					x	x	x														
Caesar dressing							x	x		x					x																
Ital. hard cheese flakes										x																					
Bread croûtons	x	x	x		x									x		x															
Mini stone oven baguette	x					x										x															
GOAT'S CHEESE AND AVOCADO SALATISSIMO	x					x				x					x	x	x				x								9b		
Goat's cheese										x																					
Walnuts																						x									
Beetroot cubes															x		x												9b		
Balsamic vinaigrette															x		x														
Mini stone oven baguette	x					x										x															
...OPTIONALLY WITH VEGAN CHICKEN						x																									
...OPTIONALLY WITH VEGAN MEAT PIECES		x				x																									
...OPTIONALLY WITH MARINATED SESAME														x		x													1a, 4		

* as well as products derived therefrom

TARTE FLAMBÉE FROM OUR OVEN	Cereals containing gluten																				Nuts											Additives
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m					
CLASSIC TARTE FLAMBÉE						x				x																			2b, 2c, 3			
Tarte flambée						x																										
Sour cream										x																						
Bacon																													2b, 2c, 3			
GREEN SALMON						x	x		x					x			x											3				
Tarte flambée						x																										
Sour cream										x																						
Smoked Salmon							x																									
Horseradish																													5			
Honey mustard sauce														x																		
ZIEGENPETER						x			x												x								3			
Tarte flambée						x																										
Sour cream										x																						
Goat's cheese										x																						
Walnuts																					x											
Fig chutney																													5			
TOPSY-TURVY HOUSE	x					x						x			x		x												1a, 3			
Classic Tarte Flambée						x																										
Beetroot hummus															x		x												5			
Vegan beef strips	x					x																										
Peanuts													x																			
Balsamic reduction																													1a, 5			
... optionally with Alpine cheese										x																						
TARTE FLAMBÉE ROLLS						x			x																				2b, 3, 8			
Tarte flambée						x																										
Sour cream										x																						
Leerdammer cheese										x																						
Honey ham																													2b, 3, 8			

WARM AND WONDERFUL	A																				H											Additives
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m					
FITNESS NOODLE										x				x		x	x												1a, 4			
Ital. hard cheese flakes										x																						
Vegan soup														x			x															
Marinated sesame														x		x													1a, 4			
...optionally with goat's cheese										x																						
...optionally with vegan chicken						x																										
...optionally with vegan meat pieces		x				x																										
BREAD DUMPLINGS	x	x	x		x	x	x			x				x		x												3				
Veloute										x				x																		
Bread dumpling	x	x	x		x	x	x			x				x		x																
Alpine cheese										x																						
Fried egg										x																						
Tomato dried																													5			
SALMON AND SPINACH NOODLES						x	x	x	x	x				x	x																	
Tortelli Salmone						x	x	x	x	x					x																	
Veloute										x				x																		

* as well as products derived therefrom

WARM AND WONDERFUL	Cereals containing gluten																			Nuts											Additives
	Spelt*	Barley*	Oats*	Kamut*	Rye*	Wheat*	Eggs*	Fish*	Crab*	Milk*	Lupin*	Molluscs*	Peanuts*	Soya*	Mustard*	Sesame*	Celery*	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*				
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	a	h	w	c	p	b	pi	q	m				
CHEESY SPAETZLE	x					x	x			x																			2b, 3, 8		
Spaetzle	x					x	x																								
Honey ham							x																								
Eggs													x																		
Leerdammer cheese																													2b, 3, 8		
SMASH CROISSANT						x	x			x					x		x												3		
Buttercroissant						x	x			x																			3		
Alpine cheese										x																					
Gherkin															x																
Wilma's secret sauce															x																
Balsamic vinaigrette															x		x														
VIENNA VEAL ESCALOPE						x	x	x							x		x												1a, 2a		
Escalope of veal						x	x																								
Potato salad															x														1a, 2a		
Anchovy fillet									x																						
Balsamic vinaigrette															x		x														
...optionally with truffled fries							x			x					x														1a		
PORK ESCALOPE VIENNA STYLE						x	x								x		x												1a, 2a		
Pork cutlet						x	x																								
Potato salad															x														1a, 2a		
Balsamic vinaigrette															x		x														
...optionally with truffled fries							x			x					x														1a		
VEGAN SCHNITZEL						x									x		x												1a, 2a		
Vegan escalope						x																									
Potato salad															x														1a, 2a		
Balsamic vinaigrette															x		x														
...optionally with truffled fries							x			x					x														1a		
BEEF ROULADE	x	x				x	x							x	x		x	x											2a, 2b, 3, 10, 11		
Beef Roulade		x				x								x	x		x	x											2a, 2b, 3, 10, 11		
Red cabbage														x			x	x													
Spaetzle	x					x	x																								
Gherkin															x																
HIMMEL UN ÄÄD (DÜSSELDORF & KÖLN)						x				x					x														2b, 3		
Potato mash										x																					
Wheat flour						x																									
Mustard															x																
Apple compote																													3		
Blood sausage																													2b		
WILMA'S SAUERBRATEN (DRESDEN, KÖLN & DÜSSELDORF)	x	x	x			x	x	x		x				x	x	x	x	x											3		
Braised beef		x				x									x		x														
Bread dumpling	x	x	x			x		x		x				x		x															
Red cabbage														x			x	x													
Apple compote																													3		
WILMA'S FAVOURITE DISH (STUTTART)						x	x								x		x	x											1a, 2a		
Swabian ravioli						x	x								x		x	x													
Potato salad															x														1a, 2a		
Veal jus																	x														

* as well as products derived therefrom

COCKTAILS	A						Cereals containing gluten														Nuts											Additives						
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*	a	h	w		c	p	b	pi	q	m
CUBA LIBRE																																						1a, 8, 9a, 13a
Pepsi Cola																																						1a, 8, 9a, 13a
PINA COLADA																																						1a, 3
Captain Morgan Dark																																						1a
Whipped cream																																						
Pineapple Juice																																						5
WILMA'S UNICORN																																						1a
Mandarine Napoleone																																						1a
Giffard grenadine syrup																																						1a
Sugar sprinkles																																						1a
WILMA'S MULE																																						1a
Monin Rose																																						1a
GINLESS TONIC																																						13b
Schweppes Dry Tonic																																						13b

WILMA'S SHORTIES	A						Cereals containing gluten														Nuts											Additives								
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*	a	h	w		c	p	b	pi	q	m		
LÜTTJE LAGE METERBRETT	x																																							
Lüttje Lage beer	x																																							
VODKA AHOIBRAUSE																																								1a, 9a, 9b, 9c
Ahoibrause																																								1a, 9a, 9b, 9c
CHOCOLATE PRALINE LIQUEUR																																								

WINE & SPARKLING WINE	A						Cereals containing gluten														Nuts											Additives								
	s	b	o	k	r	w	C	D	B	G	P	R	E	F	M	N	L	O	Sulphur dioxide & sulphite	Almond*	Hazelnut*	Walnut*	Cashew*	Pecan*	Brazil nut*	Pistachio*	Queensland nut*	Macadamia*	a	h	w		c	p	b	pi	q	m		
ALL WINES AND SPARKLING WINES																				x																				

* as well as products derived therefrom

