





Just like coming home. Welcome to Wilma!

# Morning, noon, evening - with Wilma! BREAKFAST

Mo - Fr till 12 o'clock | Sa: Breakfast Buffet till 2 o'clock p.m. Sunday & holiday: Brunch till 2 oʻclock p.m.

# 00 LUNCH

Mo - Sa from 11.30 o'clock | Sunday & holiday from 12 o'clock

0/0) **AFTERNOON TEA** 

Daily changing cake offer

0/  $\overline{\mathbf{C}}$ 

DINNER And maybe a cocktail afterwards?

"You must offer something good to the body, so that the soul wants to live in it."

# BRUNCH HAPPINESS

Every Sunday and holiday till 2 o'clock p.m. Anyone who has been busy the week has earned something special on Sunday. That's why Wilma conjures up a delicious brunch buffet for you - stress out, comfort in. Even more relaxed with reservations!

> 0 = vegetarian V = vegan You can find information about allergenic ingredients in our separate allergen chart. Just ask the service staff!

# BREAK

Monday - Frida Saturday, Sunday & holiday c

## WILMA'S BREAK

# Kickstarter Ø Fresh croissant, butter, strawberry tonka jam,

9.50

Bircher Müesli with apple and blueberries, freshly baked bread with poached free-range egg and avocado cream cheese<sup>8</sup> on a small bed of salad.

#### Big & Hearty

9.50 Fried egg from a free-range chicken with grilled bacon<sup>2,8,12</sup>, honey ham<sup>2,8,12</sup>, italian fennel salami<sup>2,8</sup> and mountain cheese. Served with freshly baked bread and butter.

### Oh Happy Day

Creamy yogurt from Naturland with beekeeper's honey, walnuts and fresh seasonal fruits. ... optional with almond yogurt<sup>8</sup>.

+ 1.00

4.00

The best start to the d

# MAGIC OF

Your alarm rings, everydays life calls. How nice and a good breakfast. Breakfast means sunri Take your time. In every new day you will find m

# MÜESLI &

Yes, the classic Bircher Müesli is actually

Apple Müesli 🖉 Bircher-Müesli with fresh apple slices, beekeeper's honey and walnuts.

Blue-Berry Bircher-Müesli with blueberry compote and fresh blueberries.

5.80

4.60

4.60

Oat Dream 🖉 Lukewarm porridge with chocolate chips, pumpkin and sunflower seeds, served with dried cranberries and cornflowers. Real superfood.

> WILMA BUYS **REGIONAL & SEASONAL** WHENEVER IT'S POSSIBLE.

KFAST	
ay till 12 oʻclock	
only Breakfast Buffet/Brunch	
KFAST MIRACLE	_
Solmon & Yummy Nordic smoked salmon, in quite a different way: with apricot-rosemary-cream cheese <sup>8</sup> and freshly grated horseradish <sup>8,13</sup> . Served with a bagel with bean sprouts an corn semolina.	<b>9.90</b> Id
"Berry Dream" Pancakes 🖉 With berries, fresh apple slices, maple syrup and cream.	6.20
Canada Morning Fluffy pancakes with a fried egg, grilled bacon <sup>2,8,12</sup> , berries, apple slices and – of course – Tipl maple syrup.	7.40
lay — and the tastiest!	
BREAKFAST	
is it then, to start with an aromatic coffee or tea nise. It means power, energy and joy of life. nany small miracles which could make you happy.	
MORE	
y spelled using "üe". The Swiss, again.	
Berry Smoothie Bowl Bananas, blackberries, currants and blueberries, puréed with almond milk; topped with chia seeds, fresh blueberries and oat flakes.	5.60 B
Not in the mood for berries?	
<b>Green Pick-me-up</b> Kale  Mango   Banana   Lemongrass	
Good Mood Beetroot   Pineapple <sup>8</sup>   Wild Blueberries   Ginger	ł
Tropical Dream	<u>.</u>

Tropical Dream Mango | Pear



## Monday - Friday till 12 o'clock Saturday, Sunday & holiday only Breakfast Buffet/Brunch



#### ~ AND MORE Want a little more? Choose your extras! Croissant Ø 1.60 1 heavenly fresh croissant.. 6.40 Delicious honey ham<sup>2,8,12</sup>. Italian fennel salami<sup>2,8</sup>. with freshly baked bread. Cheese Ø 7.80 Spicy mountain and goat's cheese, brie, avocado-cream cheese<sup>8</sup>, with freshly baked bread. Portion of ... ... Beekeeper's Honey 🧷 🇳 1.20

- Wilma stands up for saving bees and obtains regional Heilbronn Garden Honey.
- ... Strawberry Tonka Jam 🥢
- ... Blueberry Jam 🖉 1.00
- ... Good Butter 🖉 0.80

Cabo For Wilma's Little Ones

3.80

3.80

3.80

1.20

Nonsense with souce Spaetzle in mushroom cream sauce. Delicious!

Dumpling Blast Dumplings from Ursprung\* Our little ones up with delicious veal jus.

Golden Fries Crispy fries with ketchup or mayonnaise<sup>1,16</sup>

#### 5.20

Kids Schnitzel<sup>1</sup>, not too big, not too small. Served with fries and ketchup or mayonnaise<sup>1,16</sup>, of course.

Only in combination with ordering a main dish by the parents \*More Information can be found at www.transgourmet-ursprun

### ······ SMOOTHIES -·····

Vitamin power for in between, exclusively prepared with Grafschafter Goldsaft from Germany.



#### Green Pick-me-up

Kale | Mango | Banana | Lemongrass | Orange | Yogurt | Sugar beet syrup It doesn't get any greener than this! With this fruity and fresh smoothie, your whole day can be nothing but good.

#### Berry Power

Banana | Blueberry | Blackberry | Black Currant | Yogurt | Sugar beet syrup A real vitamin bomb: our local berries give you nothing but their best in this smoothie.

#### Good Mood

Beetroot | Pineapple<sup>8</sup> | Wild Blueberries | Ginger | Yogurt | Sugar beet syrup Deep red, sweet and wild: this smoothie has it all. As crazy as this combo may sound, it tastes insanely delicious and gives you real power.

#### Tropical Dream

Mango | Pear | Passion Fruit | Yogurt | Sugar beet syrup The only things missing are the sand beneath your feet and waves splashing: this smoothie is a true tropical dream.

#### Fresh Orange Juice

With a lot of love pressed for Wilma!

0.2| 3.80 1.01 15.00

#### Too healthy? Add a shot of vodka to your smoothie +2.00

#### Robber's Plate

0.00 Beginners practice for those who want to become a robber! We'll give you plates and cutlery so that you can steal anything you want from mom and dad.

#### For the smallest ones...

Jar of Happiness Baby food, warm. 2 types (please ask!)

In addition ... Dwarf Soda

Lavender<sup>1,2</sup>-Lemon or Woodruff<sup>1,2,10</sup>, Peach<sup>8</sup>

0,251 2.00

Peach Iced Tea<sup>8</sup> or Lemon Iced Tea 0,251 2.00

#### 4.20

4.20

4.20

4.20



offered daily starting at noon

# STARTERS CON

#### Chicken Soup for the Soul

Delicious chicken broth with noodles, carrots, zucchini, spring onions and chicken meat.

For small appetite For soup lovers	Warms your stomach and soul. Made from good ingredients with lots of love - just like grandma's.	4.20 5,80
Pumpkin Soup Creamy mashed with and pumpkin seed oil	roasted pumpkin seeds	6.00
Truffle Fries With hard cheese chip homemade truffle ma		4.60
with goat's ch Beetroot dice <sup>16</sup> made goat's cheese, fig chu	avocado tartare with avocado and gratinated tney, rocket, fresh apple slices, $me^{1.8,13}$ and fresh bread.	8.00
	th good bread and a dab of almond ne cooking, nutritious,	6.80
add smoked pork cl	hop <sup>2,8,12</sup> . +	- 2.00

add sinoked pork chop <sup>*,</sup>	···· +
oraci o more i o more	I A LIDE OND A THUR ONE
	By the way, the lentils are a true one
	Dy the word in all here al protein
	C MALLOOD WITH VUIS UP PROTOTOT
	Supergoon / and
Three with bread	LOTS OF MULTIERUS STATE

Simple and good. Avocado-cream cheese<sup>8</sup>, hummus and apricot-rosemary-cream cheese<sup>8</sup> with fresh farmhouse bread.



Ziegen Peter

Winter Blaze

pumpkin seed oil.

rocket, fig chutney and thyme.

... add spicy mountain cheese.

### ······ TARTE FLAMBÉE FROM OUR STONE OVEN ······

7.90

9.80

Classic Tarte Flar	nbée
With greeny gour green	aniou haoon <sup>2,8</sup>

Vith creamv sour cream. spicy bacon red onions and fresh chives.

#### Green Salmon

With creamy sour cream, flaked smoked salmon, zucchini noodles, spring onions, chives and freshly grated horseradish<sup>8,13</sup>.

> 🖉 = vegetarian 📎 = vegan

You can find information about allergenic ingredients in our separate allergen chart. Just ask the service staff!



# SALAD & SO

#### Kale salad 🖉 8.40 Crispy kale salad with grainy mustard dressing and a mix of superfood seeds, served with grilled pumpkin, hard cheese and nutty pumpkin seed oil. Goat's Cheese and Avocado Salatissimo 🖉 9.60 Young salad greens with white balsamic vinaigrette, creamy soft goat's cheese, cucumber, fresh avocado and apple slices, diced beetroot<sup>16</sup>, walnuts and crispy tarte flambée sticks. Caesar Salad 6.50 Crunchy romaine lettuce with hard cheese chips. tossed with a creamy lemon-Parmesan dressing and bread chips. ... add chicken breast strips from the company Ursprung. Ursprung stands for an excellent culinary quality, original products and sustainable agriculture.\* + 3.00 "Small, yet satisfying" Salad 🖉 3.80 Side salad with young lettuce, cucumber, cocktail tomatoes and white balsamic vinaigrette.

\*More information can be found at www.transgourmet-ursprung.de

With creamy sour cream, hearty goat's cheese,

With hummus, kale, braised pumpkin, walnuts and





9.60

9.20

+ 1.20



# Warm & Wonderful

### Zoodles 🖉

+ 1.40

6.60

A low carb dish that won't weigh you down: zucchini noodles on chips, diced pumpkin and hard cheese shavings. Vegan option

... add goat's cheese.

#### Bread Dumplings over Champignon Cream

Just like mother makes it: Wilma's delicious bread dumplings with creamy champignon sauce and fresh chives.

#### "Cheesy" Ham Noodles 8.60

The classic, reimagined by Wilma: whole grain fussili sautéed with spicy mountain cheese, honey ham<sup>2,8,12</sup>, onions and egg.

## Wilmas Käsespätzle

Button spaetzle with onions<sup>1</sup> and Wilma's secret cheese mix.

# 8.00

If you don't know it yet ... WHAT DOES "SPÄTZLE" MEAN?

The linguistic origin is highly controversial. Some say before Spaetzle were scraped or pushed through the "Knöpdlesieb", the cook has shaped pieces of dough by hand. This piece of dough resembled the shape of a sparrow, "Spatz" in German, the result was the word "Spätzle" ...



# **ALWAYS ON SATURDAYS: BREAKFAST DELIGHTS**

Every Saturday till 2 o'clock p.m. a Breakfast Buffet to kneel down - and to get full.



#### Salmon and Spinach Noodles Noble and delicious: whole grain fussili with flaked smoked salmon, baby spinach and cherry tomatoes in a white cream sauce.

#### Risotto of pearl barley 🦉

Turmeric risotto<sup>2</sup> made of delicate pearl barleys. served with hokkaido pumpkin and hard cheese shavings. Topped with vegetable chips. The Urkorn from the Orient.

With a lot of fiber, but low in fat. It should even have a healing effect.

Always a good pairing our side salad.

Only 3.80

#### Escalope Vienna Style

Golden brown and crispy: breaded pork cutlet with German potato salad<sup>1</sup> and cranberries.

#### Beef Roulade

Sunday dinner every day: beef roulade<sup>2,8</sup> with bacon and gherkins, just like grandma used to make. With spaetzle, red cabbage and a brown red wine sauce.

#### Wilma's Squerbraten

For gourmets: braised beef in raisin sauce, with Wilma's potato dumplings from the company Ursprung\*, red cabbage and apple compote<sup>8</sup>.

16.00

11 20

16.00

\*More information can be found at www.transgourmet-ursprung.d

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Wilma spoils you with her large brunch buffet. How beautiful can the day begin ...



8.40

# **SWEET SEDUCTION**

V Discovered by Wilma in Americal

Wilma's Soft Skillet Cookie Ø with pieces of chocolate and vanilla ice cream. Addictive	5.60 !
Ovenwarm Apple Strudel	5.40 B
add a scoop of vanilla ice cream from Giovanni L	1.50
,,Berry Dream" Pancakes $\ensuremath{\varnothing}$ with berries, fresh apple slices, maple syrup and cream.	6.20
Almond loves Cherry $\heartsuit$ Light almond yogurt <sup>8</sup> with a delicate compote of cherries topped with crispy muesli crunch <sup>8</sup> .	5.20
ICE-COLD TREATS from the supplier of the Spanish royal family.	
Vanilla, chocolate and strawberry, per scoop with cream, please!	1.50 0.80
Iced Coffee   Iced Chocolate each Iced coffee <sup>8</sup> or iced chocolate with cream and an oat cool	
Black Forest Delights Faboulous triad of juicy cherry compote, refreshing yogu creamy chocolate ice cream and an oat cookie <sup>8</sup> .	<b>5.20</b> 1rt,

# **COFFEE & HOT DRINKS**

from the traditional roasting company Hornig in Graz.

	-
Coffee Crema Instead of mile there large	r 2.60 e 3.80
Espresso (+ 1.00). Lusteua og mila dimond is also evenything with almond on soy mile on lactose-free (+ 1.00). double shol	
Cappuccino regula large	r 3.20 è 4.80
Coffee with Milk	3.40
Latte Macchiato	3.60
Hot Chocolate	4.20
The finest Belgian chocolate in hot milk.	
Hot C-Trone	3.20
A lemony vitamin boost for every situation in life!	
Babyccino Small cup of warm milk foam for the little ones.	0.50
TEA	
from Plateanum - the quintessential tea!	
Darjeeling Laudatio Spring and summer harvest with a delicate aroma.	3.60
Deloxicum Green tea, mate, ginger, lemon and dandelion	3.60
awaken tired spirits.	
In Flagrantea Herbal tea with the aroma of bergamot, strawberry and lemon grass.	3.60
Intensitum	3.60
Fresh fruit mixture with apple, pear, goji berries and honeydew melon.	
Tabula Rasa	3.60
Roobios tea with ginger, apple and pink pepper.	

WILMAS CAKE DREAMS

Wilmas delicious cake specialties are a real insider's tip for gourmets! Enjoy the surprise of Wilma's unique creations every day. All cakes are also available to take away.

## ···· WILMA'S MAGIC DRINKS " Rain or sun - Wilmas drinks always give you energy.

4.20

Golden Milk 🕖 4.20 Super delicious Ayurvedic turmeric latte: turmeric, cinnamon, ginger, vanilla, black pepper and liquorice in hot almond milk. A must-have! B

#### : Fresh Mint Tea

No tea bags here: freshly brewed using mint sprigs straight from the garden!

#### Jagertee 2.0

The typical ski lodge drink newly interpreted: Aperol<sup>1,4</sup>, puree<sup>2</sup> of the exotic fruit yuzu from Japan, ginger and hot water.

6.60

4.20

#### Hot Ginger

Wilma's virus killer: fresh ginger steeped in hot water, bringing you strongly and healthily through all time.

## Lemonades and Iced Teas Prepared according to our own recipes — refreshingly fuity from pure, natural ingredients! Still or sparkling? You decide. Woodruff<sup>1,2,10</sup>-Peach<sup>8</sup>Lemonade 4.20 Grapefruit<sup>1</sup>-Mango<sup>1</sup> Lemonade 4.20 Lavender<sup>1,2</sup>-Lemon Lemonade 4.20 Wilma's bavorite water!

		THIRST QU
	Table Water still   sparkling	0,21 2.20 1,01 5.60
	Selters Naturell   Classic	0,51 3.90
	Pepsi Cola <sup>1,3</sup> , 7up <sup>2</sup>	0,21 2.80 0,41 3.90
	Pepsi light <sup>1,2,3,6</sup>	0,331 3.50
	Schweppes Bitter Lemon <sup>4,8</sup>   Dry Tonic Water <sup>4</sup> Indian Tonic Water <sup>4</sup>   Ginger Ale <sup>1</sup>   Ginger B	0,21 2,90



All prices in Euro includin legal VAT. 1) with dye 2) with preservative 3) with eaffeine 4) with quinine 6) containing taurine 6) with accsulfame (sweetener) 7) with aspartame (sweetener) - contains a phenylalanine source 8) with antioxidant 9) contains sulfites 10) azo dye(s) may affect the attention of children 11) high eaffeine content - 52mg/100ml 12) with phosphate 13) sulphurized 14) blacke 15) with cyclamate (sweetener) 16) with saccharin (sweetener) 17) with flavour enhance We explicitly point out that any food used in our kitchen may contain traces of allergen

© Wilma Wunder 2019 – Heilbronn

# Homemade

Apple <sup>8</sup> -Rose <sup>1</sup> -Lemonade	4.20
Iced Tea	4.20
Peach <sup>8</sup> or Citron.	

# **INFUSED WATER**

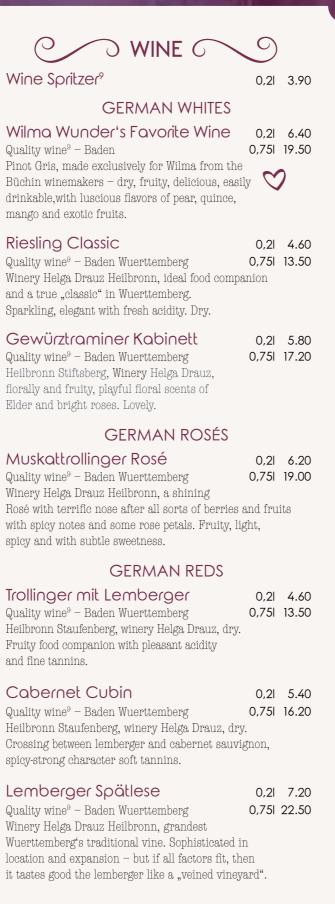
Wilma adds a unique touch to sparkling water with a dash of elderflower syrup, ginger syrup and lime juice — with hardly any calories.

# JENCHERS

<b>Granini juices &amp; nectors</b> Apple Juice (naturally cloudy) <sup>8</sup>   Pineapple Juice <sup>8</sup> Cranberry Nectar   Currant Nectar <sup>8</sup> Passion Fruit Nectar   Peach Nectar <sup>8</sup> Rhubarb Nectar	0,21 3.20 0,41 4.20
Juice Spritzer	0,2l 2.80
All juices are also available as a spritzer.	0,4l 3.90
Elderflower Spritzer	0,41 3.90
Orange Juice	0,21 3.80
Pressed with a lot of love for Wilma.	1,01 15.00

for only 3.80

SPARKLING WINI	E	2
Wilma's favorite From the winery Drauz from Heilbronn. Elegant, dry Winzersekt <sup>9</sup> from traditional bottle fermentation.		3.20 18.60
Wilma's favorite in a non-alcoholic version from the Sektkellerei Nymphenburg: Nymphenburger Crystal <sup>9</sup> .		3,20 18.60
BEER		
ON TAP		
Dinkelacker Privat A high quality, fine spicy full beer. Sweet and spicy-soft in the taste.	0,3l 0,5l	2.90 3.90
Dinkelacker Kellerbier Natural cloud beer specialty. Brewed according to a recipe from the good old days.	0,3l 0,5l	2.90 3.90
Sanwald Hefeweizen Yeastly wheat beer. Unfiltered, bottled with natural yeast.	0,51	3.90
FROM THE BOTTLE		
Wulle Wulle Vollbier, bright from the flip-top bottle. Sweet and mild drinking experience.	0,33	3.20
Dinkelacker non-alcoholic Herb-fresh and slim.	0,331	2.90
Dinkelacker CD Pils Nobel dry, bottom-fermented Pils with clear Hop note.	0,331	3.20
Dinkelacker Naturradler Bottled with natural yeast.	0,51	3.90
Sanwald Weizen Crystal   non-alcoholic	0,51	3.90



:·····SPARKLING ····	••••	• • • •
Pink Gerda Pink Grapefruit Syrup <sup>1,10</sup> Soda   Secco <sup>9</sup>	0,21	6.20
Aperol Spritz Aperol <sup>1,4</sup>   Secco <sup>9</sup>   Soda Sparkling wine also non-alcoholic	0,2	5.60
Wilma's Hugo Elderflower Liqueur   Secco <sup>9</sup>   Soda	0,2	6.20
Lillet Wild Berry Lillet Blanc <sup>9</sup>   Schweppes Russian Wild Berry	0,2	5.80
Lillet Rosé <sup>9</sup>   Rose Syrup <sup>1</sup> Apple Juice (naturally cloudy) <sup>8</sup> Schweppes Dry Tonic Water <sup>4</sup>   Lemon Juice	0,21	5.80
Rhubarb Elderflower Spritz Rhubarb Nectar   Elderflower Syrup Ginger   Secco <sup>9</sup>	0,2I	5.80
Miss Hugo If Wilma has to drive the car today without alcoho Elderflower Syrup   Lemon   7up²   Soda   Mint	-	5.20
WILMA'S HOMEMAD EGG GOLD	E (	) }
	2 cl	1.80 3.00
EGG GOLD Simply delicious. Liqueur made from the eggs of happy hens, vanilla, sugar, cream, grain alcohol and vodka.	2 cl 4 cl	3.00 6.00
EGG GOLD Simply delicious. Liqueur made from the eggs of happy hens, vanilla, sugar, cream, grain alcohol and vodka. Homemade by us. That's how Wilma likes it. Damengedeck Already popular with Wilma's granny. A glass of sp	2 cl 4 cl	3.00 6.00
EGG GOLD Simply delicious. Liqueur made from the eggs of happy hens, vanilla, sugar, cream, grain alcohol and vodka. Homemade by us. That's how Wilma likes it. Damengedeck Already popular with Wilma's granny. A glass of sp wine <sup>9</sup> and 2 cl homemade egg gold liqueur. A must	2 cl 4 cl arklin -have!	3.00 6.00
EGG GOLD Simply delicious. Liqueur made from the eggs of happy hens, vanilla, sugar, cream, grain alcohol and vodka. Homemade by us. That's how Wilma likes it. Damengedeck Already popular with Wilma's granny. A glass of sp wine <sup>9</sup> and 2 cl homemade egg gold liqueur. A must OFRUIT BRANDY OF	2 cl 4 cl arklin -have! 2cl	3.00 6.00 g
EGG GOLD Simply delicious. Liqueur made from the eggs of happy hens, vanila, sugar, cream, grain alcohol and vodka. Homemade by us. That's how Wilma likes it. Damengedeck Already popular with Wilma's granny. A glass of sp wine <sup>9</sup> and 2 cl homemade egg gold liqueur. A must Of FRUIT BRANDY O Old Forest Rospberry A MUST for any raspberry lover. Old Williams Pear	2 cl 4 cl arklin -have! 2cl 2cl	3.00 6.00 g 3.40

FOR MORE SPIRITS, PLEASE CHECK AT THE BAR.

Cocktails	
For every day, every time and every mood, there is the perfect cocktail. Sweet, sour, fuity, creamy or ta which flavor suits you today?	rt,
Marrakesh Tea for 2 Mandarine Napoleon <sup>1</sup>   Vodka   Homemade Tea Syrup Ginger Ale <sup>1</sup>   Lemon   Fresh Mint	11.20
Apricol Honey Apricol   Beekeeper's Honey Fresh Lemon Juice Dash Angostura Garden Honey.	6.60 bees rown
Wilma's Unicorn Vodka   Mandarin Napoleon <sup>1</sup>   Lemon Grenadine <sup>1,2,10</sup>   Cranberry   Unicorn Sprinkles <sup>1</sup> Tip!	7.00
Cuba Libre Pampero Rum   Coke <sup>1,3</sup>   Lime	6.80
<b>Mojilo</b> White Rum   Cane Sugar   Lime   Fresh Mint   Soda	7.20
<b>Piño Colodo</b> White Rum   Old Pascas <sup>1</sup>   Coconut Milk   Pineapple <sup>8</sup> Cane Sugar   Coconut Syrup   Cream	7.20
Liquid Gold Homemade egg gold   White Chocolate Syrup Coconut Milk   Pineapple <sup>8</sup>	6.80
<b>Bramble</b> Gin   Blackberries   Blackberry Syrup   Lemon Powdered sugar	7.20
Wilma's Mule Vodka   Lemon   Rose Syrup <sup>1</sup>   Ginger B.   Blossoms	7.20
Globetrotter Grain   Cherry Heering   Hibiscus Syrup   Lime Juice	6.20
Rhubarb Juice   Sugar Syrup just d	
Berlin Air - Peppermint 2c	3.60
	2.80

